

Skippers Checklist

Recommended equipment for event day from the pros

Working VHF radio
Skippers' protocols (provided in registration pack)
Yearbook (this will include everything you need to know about the event)
Race Number stickers (if sticking to boat, make sure stickers are well above the water line)
Jacket (for wind and warmth)
Binoculars
First Aid Kit
Hat
Water (LOTS)
Food (make sure you have an indication of how long your swimmer intends to take so you know how much food to take)
Sunscreen
Seasickness medication

Required & Recommended Safety Equipment

The following 3 pages are the legally required and recommended safety equipment provided by the Department of Transport. There will be spot checks performed on boat on the morning of the event and, if your boat doesn't meet the legal requirements, your swimmers will be disqualified.

Safety Equipment Requirements





Recommended additional safety equipment

First Aid Kit

To cover accidents or injury that could befall any member on-board, a first aid kit is essential. Remember, seasickness is debilitating. So carry the remedy.

Knife

A knife is always handy and has many uses. Keep your knife sharp at all times.

Rope

Additional rope on-board can be extremely useful for various purposes and for towing.

Fresh Water

A good supply of fresh water is essential when boating as the sun and the salt can quickly dehydrate you. Make sure that your water is fresh and clean and kept in a suitable container.

Alternative Power

Spare outboard, oars or paddles to get the boat to safety in the event of a power failure.

Torch

A torch can be useful in an emergency situation, for attracting attention as well as for checking bilges.

Heliograph Mirror

This is a signalling device that uses a mirror to reflect the sun's rays to the shore or to other vessels.

Tool Kit

There is no substitute for an adequate tool kit on-board your boat. When you are out on the water you really are on your own.

The tool kit should include:

- Spark plug spanner;
- Spare spark plugs;
- Spanner set to suit your motor;
- Screwdriver set;
- Adjustable spanner;
- Pliers;
- Electrical tape; and
- Hammer.